

Fall Arrest

Training Scheme



Effective Fall Protection

Accidents involving falls are complex events frequently comprising a variety of human and equipment-related factors. A sound working knowledge of fall protection and the efficient use of appropriate fall arrest equipment by skilled and trained operatives are essential for working safely. Against the background of today's regulatory and commercial challenges, it is in an employers interest to select fall protection systems appropriate to the identified hazards, install adequate safety systems, and train employees in the proper selection, use and maintenance of all protection systems.

An effective fall protection safety regime includes:

- Deployment of the necessary range of fall arrest equipment, training and controls.
- A full audit of current equipment and the immediate withdrawal of unfit products.
- The establishment of an equipment log to ensure inspections, are conducted annually, at a minimum.
- Drawing up a schedule of inspection (3, 6 or 12 monthly).
- Employee training in the pre-use visual inspection and correct fitting of personal fall arrest systems.
- Train the trainer programmes for safety personnel on the pre-use visual inspection and correct fitting and inter-linking of fall arrest equipment.
- Training to "competent person" level for safety personnel to facilitate the efficient annual inspection of fall arrest equipment.
- Annual re-certification courses for designated training and inspection personnel.



Fall arrest users require the knowledge and skills to enable them to inspect and use their equipment safely and efficiently. Safety regulations require employers to train employees, who might be exposed to fall hazards, on how to recognise such hazards and minimise them. Employers are advised to produce certification that identifies the employee trained and the training date. Retraining should be provided as necessary.

Advice, Training & Certification

Anderco Safety's fall arrest specialists can visit your facility to identify fall hazards and determine your site specific protection requirements.

When you purchase an Antec fall arrest system, our certified trainers will hold a formal on-site training program – ensuring the correct use of the system – thereby increasing worker safety, comfort and productivity. Each Antec system is certified for use and comes with a care and maintenance manual. The need for ongoing training and retraining is met by our comprehensive course materials and **Competent Person Training** module. Annual re-certification programs for safety personnel are also available to ensure ongoing compliance with safety regulations.

Training Tailored to your specific requirements

From a legal, ethical and financial stand point – it pays to offer the best in protective equipment and advice.



Modular Training. to Meet Your Specific Requirements.

The modular training scheme outlined below has been designed to ensure that the appropriate, certified safety training is provided to meet your company's specific requirements and facilitate the implementation of an inspection regime for fall arrest equipment.

Module One Fall Arrest Appreciation

Participants: 20 max

Duration: 30 minutes

Content

- Pre-use visual inspection and the correct fitting of fall arrest equipment.
- The linking of the different components of a fall arrest system.

Objectives

Fall arrest equipment should be inspected for wear and deterioration, malfunction or damage, each time before use. Pre-use checks are best performed by the user, therefore it is important to ensure they are fully competent to carry out this activity. Module One is intended to train employees, who are exposed to potential fall situations, in the proper use of harnesses, lanyards and fall arrest systems.



Module Two Train the Trainer / Competent Person Training

Participants: 6 max

Duration: 2.5 hours

Additional training to provide participants with the competency to deliver the contents of *Module One: Fall Arrest Appreciation* in a clear and instructional manner to other employees. Throughout the training session, the aptitude and safety awareness of individuals will be carefully monitored.

Content

- Pre-use visual inspection and the correct fitting of fall arrest equipment.
- The correct operation of a fall arrest system.
- Train the Trainer
- Annual inspection of fall arrest equipment

Contact Us:

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Objectives

To provide training to “competent person” level for the annual inspection of fall arrest equipment, including product applications, product evaluation and viability.